



What is
Peer
Support?

Peer support is a trauma-informed approach where people with similar struggles walk alongside others, offering understanding without judgment.

Receiving and giving support by sharing our lived experience is what makes peer support real, impactful, and successful.

All our services, supports, activities, and events are voluntary, free of cost, and no insurance or referral is needed.



Hours of Operation

(In-person)

Monday 9am-2pm
Tuesday 9am-2pm
Thursday 9am-2pm
Friday 9am-2pm

Please check out our support group schedule at southeastrlc.org/hyannis.



Go to our website by using your phone's camera to scan the QR Code.



South East Recovery
Learning Community
**Hyannis Recovery
Connection Center**

We offer a welcoming, peer-led space of healing, connection and understanding for adults navigating mental health, trauma, addiction, and other challenges.

**Hyannis Recovery
Connection Center**
106 Bassett Ln., Unit 2
Hyannis, MA 02610
(508) 815-5219
HudsonS@vinfen.org
southeastrlc.org/hyannis



Lived
Experience

We offer non-clinical, mutual peer-to-peer support in an inclusive and safe environment.

Mutual connections and trusting relationships are built here through the sharing of life experiences.



Self-
determination

We strive to create a supportive, trauma-informed environment where every person is invited to explore emotional wellness at their own pace, and on their own terms.



Peer-to-Peer
Support

The Hyannis RCC offers one-on-one peer support as well as a variety of unique and creative support groups, workshops, activities & guest speakers. There's something for everyone!

We provide a safe, nonjudgmental and trauma-informed space to share what you're going through.



Events &
Activities

We love to have fun at the Hyannis RCC! Join us for seasonal and cultural celebrations, art, music, mental health awareness events, Pride events and outings in the community.



Peer
Bridging &
Resource
Sharing

Our Peer Recovery Bridgers support people in transition from an inpatient or other restrictive settings to more independence with connections to resources in their communities of choice.