



What is
Peer
Support?

Peer support is a trauma-informed approach where people with similar experiences walk alongside others, offering understanding without judgment.

Receiving and giving support by sharing our lived experience is what makes peer support real, impactful, and successful.

All our services, supports, activities, and events are voluntary, free of cost, and no insurance or referral is needed.



Hours of Operation (In-person)

Monday 10am - 3pm
Wednesday 10am - 3pm
Thursday 10am - 3pm
Friday 10am - 3pm

We offer groups via Zoom that are outside of our in-person hours.

Please check out our virtual group schedule at southeastrlc.org/virtual-groups.



Go to our website by using your phone's camera to scan the QR Code.



South East Recovery
Learning Community

Quincy Recovery
Connection Center

We offer a welcoming, peer-led space for healing, connection and understanding for adults navigating mental health, trauma, addiction, and other challenges.

Quincy Recovery
Connection Center

338 Washington St.
Quincy, MA 02169
(617) 405-5263

KelleyTavaresC@vinfen.org
southeastrlc.org/quincy



Lived Experience

We offer non-clinical, mutual peer-to-peer support in an inclusive and safe environment.

Mutual connections and trusting relationships are built here through the sharing of life experiences.



Self-determination

We strive to create a supportive, trauma-informed environment where every person is invited to explore emotional wellness at their own pace, and on their own terms.



Peer-to-Peer Support

The Quincy RCC offers one-on-one peer support as well as a variety of unique and creative support groups, workshops, activities & guest speakers. There's something for everyone!

We have a wide assortment of supports, activities and events for those who are Young Adults, Older Adults & LGBTQIA2S+.

We provide a safe, nonjudgmental and trauma-informed space to share what you're going through.



Events & Activities

We love to have fun at the Quincy RCC! Join us for seasonal and cultural celebrations, art, music, mental health awareness events, Pride events and outings in the community.



Peer Bridging & Resource Sharing

Our Peer Recovery Bridgers support people in transition from an inpatient or other restrictive settings to more independence with connections to resources in their communities of choice.